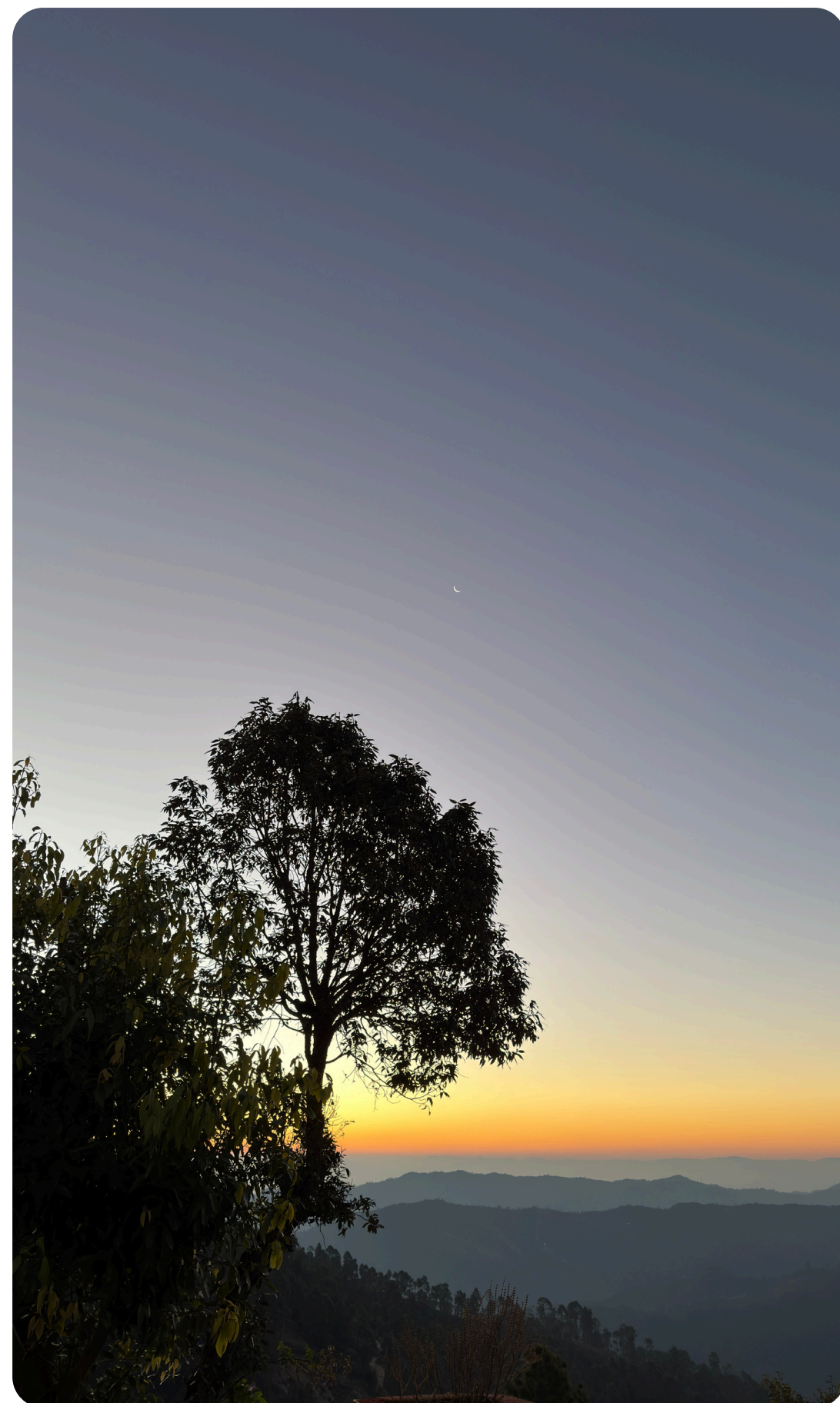


# BURĀNSH

*A pilgrimage from Sound to Silence*





# THE INVITATION

A retreat in the **Himalaya**.  
To slow down.  
To listen.  
To return to self.



2<sup>nd</sup> to 6<sup>th</sup> April, 2026

# WHEN AND WHERE

Kot Kailash, **Jageshwar**,  
Uttarakhand.

**Jageshwar** is an ancient temple town, surrounded by **Deodar** Forests and quiet valleys. Known for its sacred stillness, it has long been a space for seekers, silence, and inner inquiry.



**Kot Kailash** Kumaon is a 100-year-old traditional Kumaoni house nestled in a **Burānsh** forest, near Jageshwar. The property has been developed by seasoned hospitality professionals.

# WHAT IS BURĀNSH

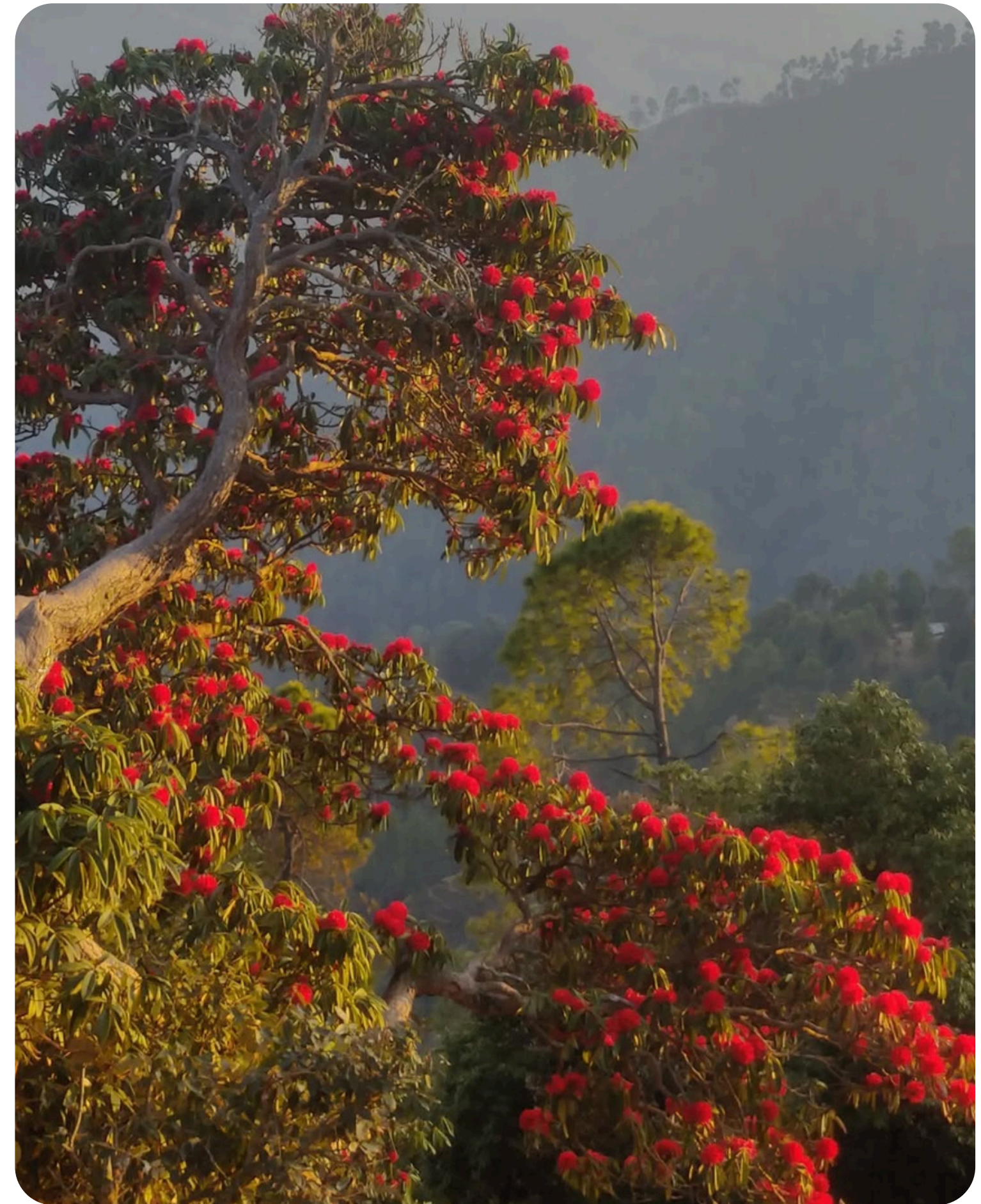
BURĀNSH

*Rhododendron Arboreum*

The sacred mountain flower of Uttarakhand.  
It blooms in the Himalayas from **March** to **April**,  
marking the arrival of **spring**.

Traditionally used by **local** communities  
for cooling the body, supporting the heart,  
and restoring balance.

A symbol of renewal, resilience,  
and returning to our natural rhythm.



# THE ESSENCE

This retreat is about attuning with your own self through music, nature, yoga and silence.



**MUSIC**  
Nada Yoga by  
CCHITVAN.



**NATURE**  
The original  
Teacher.



**YOGA**  
Returning to your  
own Rhythm.



**SILENCE**  
Conscious Slowing  
down.

# NADA YOGA - CCHITVAN

Meditation Through Music  
A Journey From **Sound** to **Silence**



Ms. RASHI PANT, co-founder of **CCHITVAN** and the curator of **Burānsh**, has been training in Hindustani classical music for over 22 years. She is a Ph.D. scholar at the Department of Music & Fine Arts, Delhi University. She has learnt from gurus of the Gwalior, Jaipur, Kirana, and Banaras Gharana.



Mr. PULKIT SHARMA, co-founder of **CCHITVAN** and the curator of **Burānsh**, has been training in Hindustani classical music for over 15 years. He has been learning the ancient Rudra Veena. He is a Ph.D. scholar at the Department of Music & Fine Arts, Delhi University. Pulkit is an A-grade artist at All India Radio.

# NADA YOGA - CCHITVAN

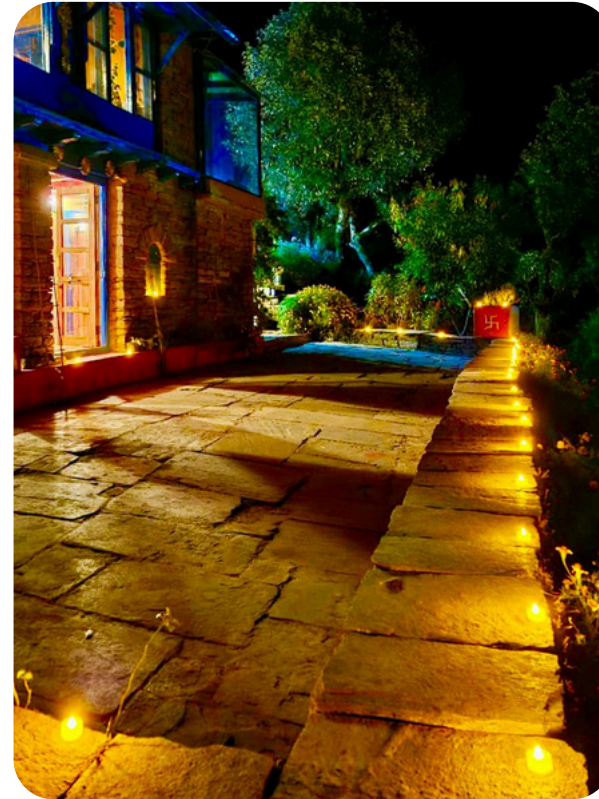
## Raag Seva Bhajan Clubbing

The session will be full of devotional expression through **bhajans** and **kirtan**, offering the experience of music as service (seva) and connection to the divine.



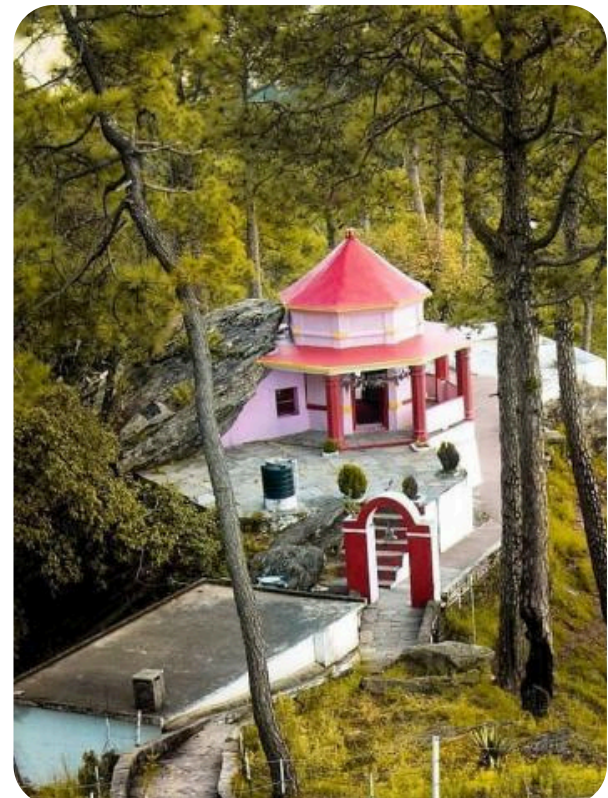
## Trataka Candle Light Concert

Trataka is a yogic practice of steady gazing at a candle flame. Trataka and Veena come together in harmony.



## Raag Dhyani Kasar Devi

A **meditative** practice where participants immerse themselves in the **raag**, using its notes as a tool for inner stillness and awareness.



## Maun

Music under the tree  
The **silence** after the music.



# SACRED AND NATURAL SPACES



## BIRD WATCHING

Jageshwar's forests are alive with birdsong, making it a quiet haven for bird watching. Surrounded by deodar and oak trees, one can spot Himalayan species in their natural rhythm.



## WALK TO VRIDDHA JAGESHWAR

A gentle walk from Kot Kailash to **Vriddha Jageshwar**, along forest paths scattered with fallen **Buransh** flowers. Cool mountain air, scenic views, and moments of quiet Himalayan gazing make the journey deeply meditative.

# YOGA. PRANAYAMA. KRIYAS.

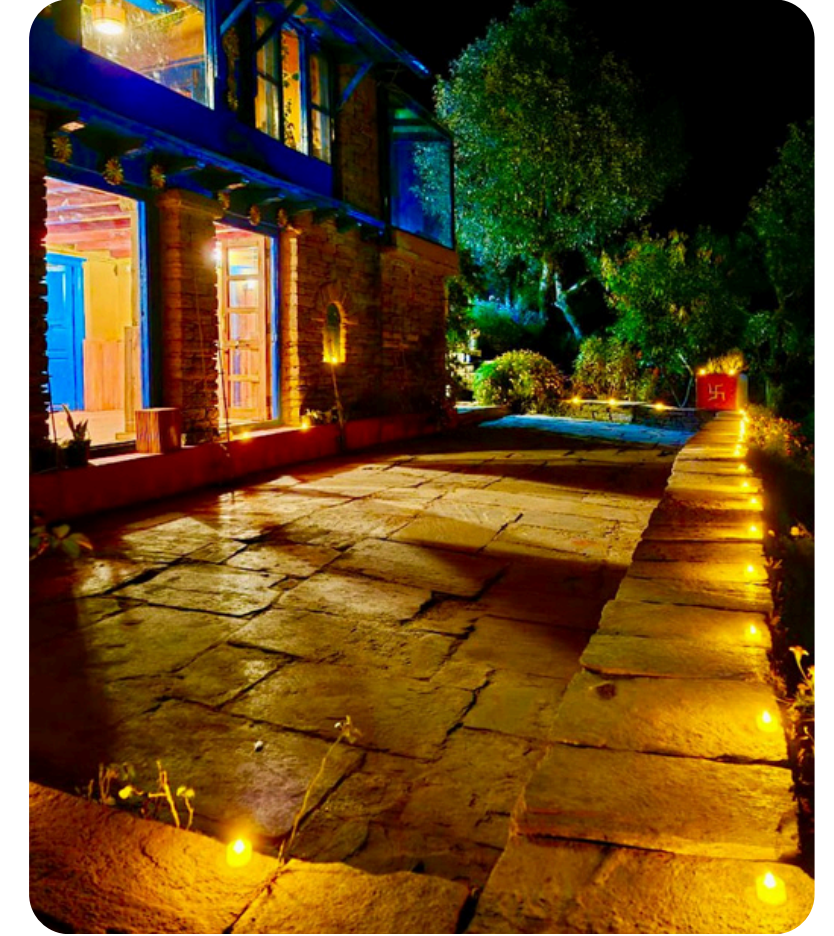


Daily morning Sadhana:

To **cleanse** the body and steady the mind.

Dr. Neha Agrawal is a yoga teacher and dentist with over eight years of experience in teaching yoga. Trained at The Yoga Institute in Mumbai, she brings a strong foundation in traditional asanas, kriyas, pranayama, and meditation. Her background in dentistry provides a deep anatomical and physiological understanding that enhances her teaching.

# THE STAY : KOT KAILASH



*Kot Kailash* offers beautifully designed rooms filled with natural light and calm. From the property, one is greeted by forested slopes, open skies, and clear *Himalayan* views.





In 2021, **Pushkar Negi** founded Kot Kailash Ventures with a vision to restore and reimagine heritage mountain homes. The journey began with a single 100-year-old house, lovingly brought back to life as Kot Kailash Kumaon. Nestled in Shaukiyathal, Almora, at an altitude of 7,800 ft, close to the sacred town of Jageshwar, Kot Kailash is rooted in quiet, intuitive hospitality.

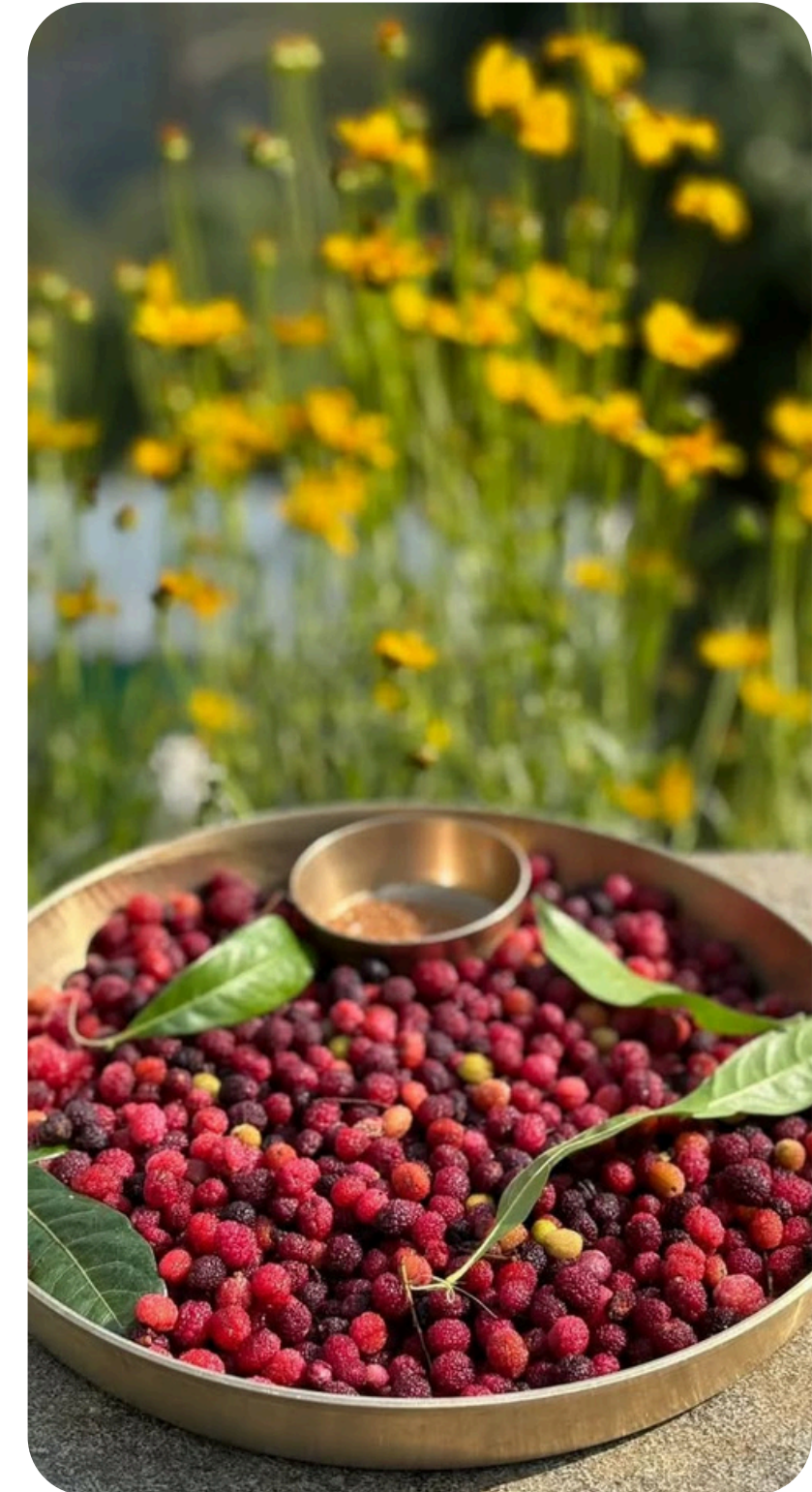
Pushkar is a seasoned hospitality professional, an avid reader, and a passionate **yoga** practitioner.

**FOUNDER & HOST**

**Kot Kailash**

# FOOD & NOURISHMENT

*Satvik Kumaoni* food, prepared with care, simplicity, and tradition.



# THE INVESTMENT

## Single Solitude

(Individual Occupancy): INR 49,999.00+

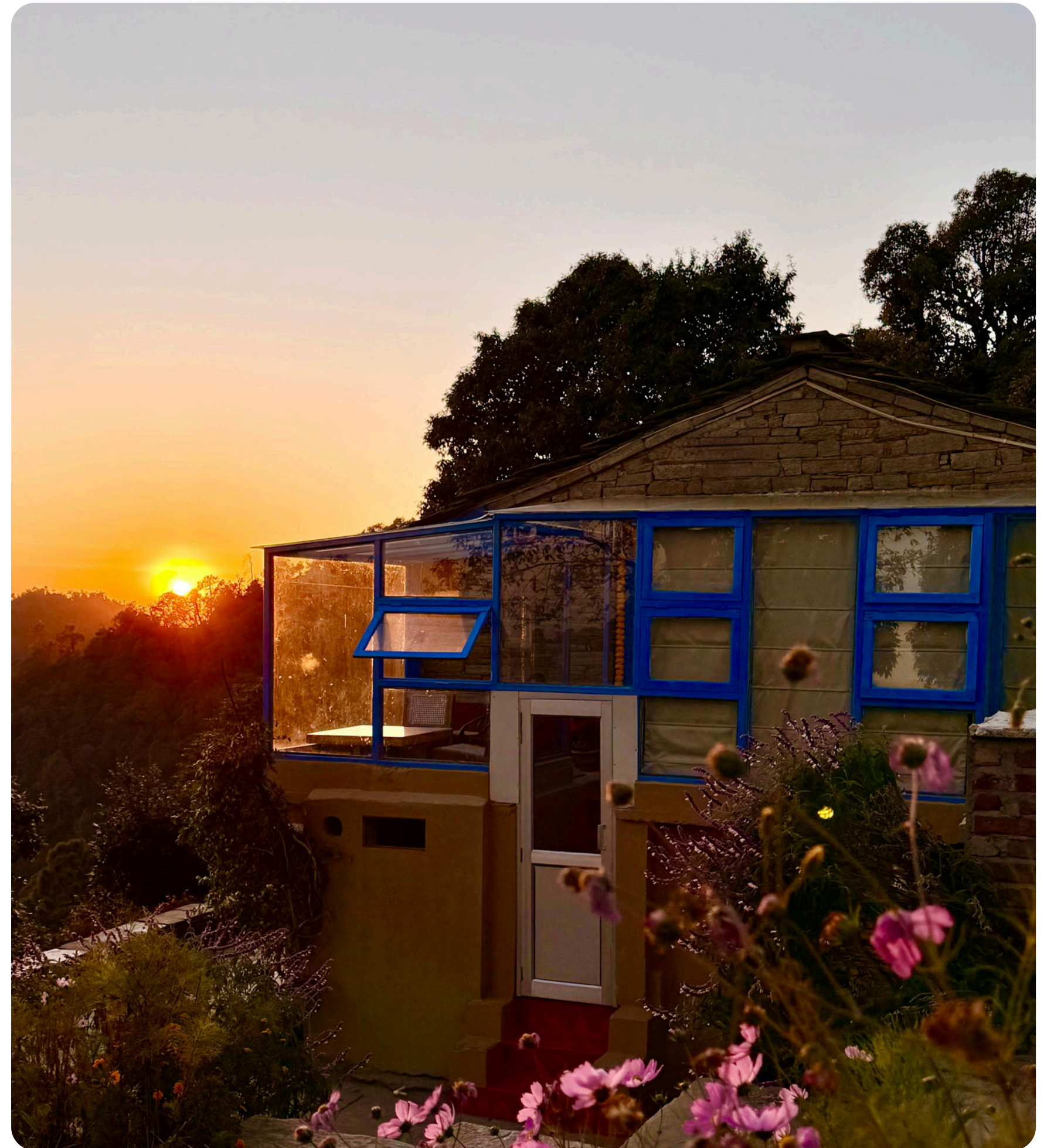
Perfect for the seeker looking for total immersion and deep silence.

## Shared Resonance

(Double Occupancy): INR 34,999.00+  
per guest.

Designed for couples or companions walking the path together.

+ applicable GST.





# HOW TO REACH KOT KAILASH

- **By Air:** Pantnagar Airport (approx. 5 hours) or Bareilly Airport (approx. 6 hours). Frequent flights connect these hubs to the rest of the country.
- **By Rail:** Kathgodam Railway Station, the historical gateway to the Kumaon hills, served by overnight trains from Delhi NCR.
- **By Road:** A scenic 8-9 hours drive from Delhi NCR, moving through changing altitudes and forest canopies.
- **The Concierge Service:** To ensure your "Sound to Silence" journey remains unbroken, we facilitate private, vetted cab transfers from all airports and railway heads (at an additional charge) directly to Kot Kailash in Shaukiyathal, Vriddh Jageshwar.

# THE MOUNTAINS ARE LISTENING

You do not come to the mountains to find yourself.  
You come *to lose the person* the city made you.

Join the Circle: With only 8 rooms and one long weekend, this is a fleeting opportunity for transformation. DM today to secure this incredible opportunity.

Venue: Kot Kailash, Village Kunja Gunth, Shaukiyathal,  
Distt Almora 263623, Uttarakhand, India.

 [cchit\\_van](#)  
 [kot.kailash](#)

